

## **Readers' Assembly**

**September 23 2017**

Books and prayers referenced by Debbie Thrower

*Come Let Us Age! - An invitation to grow old boldly*, Wanda Nash, edited by Poppy Nash and Debbie Thrower, BRF.

*The Stature of Waiting*, W.H Vanstone, Darton Longman and Todd.

*At the End of the Day- Enjoying life in the departure lounge"* David Winter, BRF.

*Heaven's Morning*, David Winter, BRF

*Falling Upward- A Spirituality for the Two Halves of Life*, Richard Rohr, Jossey-Bass.

*Souls in Full Sail- A Christian Spirituality for the Later Years*, Emilie Griffin, InterVarsity Press.

### **An Ancient Hebrew Prayer**

For each of us life is a journey

Birth is the beginning of this journey

And death is not the end but the destination.

It is a journey that takes us from youth to age,

From innocence to awareness,

From ignorance to knowledge,

From foolishness to wisdom,

From weakness to strength and often back again,

From offence to forgiveness,

From loneliness to friendship,

From pain to compassion,

From fear to faith,

From defeat to victory and from victory to defeat

Until looking backwards to ahead.

We see that victory does not lie at some high point

along the way, but

in having made the journey, stage by stage.